# MERCY CORPS: 15 YEARS OF IMPROVING NUTRITION IN KYRGYZSTAN

Bishkek

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Mercy Corps is a global team of humanitarians who partner with communities, corporations and governments to transform lives around the world.



Our mission: to alleviate suffering, poverty and oppression by helping people build secure, productive and just communities.



Our 5,000+ team members work with people in the world's most vulnerable communities across 40 countries. 87% of our team is from the countries where they work.



### History

### 25 years of operation in Kyrgyzstan

- 1 1994-2004: microfinance services to entrepreneurs throughout Kyrgyzstan
- ) 2004: consolidation of 5 MCaffiliated microcredit organizations into one Kompanion MFI
- ) 2015: official registration as a commercial bank





### History

- > 2001-2012: Food and humanitarian assistance
  - More than 800 kindergartens
  - Orphanages, TVET schools
- ) 2010-2011: Emergency assistance
  - NFIs
  - Food assistance
  - Small grants
  - Conflict mitigation
- 2012-present: McGovern-Dole Food For Education & Child Nutrition Program

### Current Program Portfolio

School-based comprehensive programming

- I. Food For Education & Child Nutrition, 2012 2021
- II. School Orchards, 2016-2018
- III. Handwashing in Schools, 2018
- IV. Potable Water Innovation,2018 2019







#### Food Insecurity in Kyrgyzstan

- ) Demographic & Health Survey 2012
  - > Stunting in 18% of children under age 5
  - Anemia in 43% of children under age 5
- Nultiple Indicator Cluster Survey in the Kyrgyz Republic, 2014
  - Stunting in 12.9% (moderate), 3.4% (severe) of children under 5
  - Exclusive breastfeeding under 6 months 41.1%
- **Food For Education (FFE) 2017 Baseline** 
  - **25%** of children do not have breakfast
- > SPRING Baseline 2014 (next slide)





#### 2014 SPRING Baseline

In program implementation areas the study showed that the overall HH nutrition status of the target communities is still rather poor

Iron & folic acid during pregnancy = 16%

Women's Dietary Diversity Score = 38%

Exclusive breastfeeding under 6 months = 29% of mothers

Children's Dietary Diversity Score = 42%

Junk food consumption in children among 12-23 month = 67%



# Food For Education & Child Nutrition

- Donor: United States
  Department of Agriculture
- Total Program duration:2012 2021
- Total number of targeted institutions

**)** 2012-2019: **215** 

**)** 2018-2021: **440** 



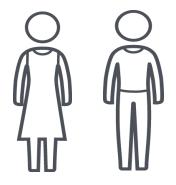


### During 2012-2017, we achieved the following results

Distributed food: iron-fortified flour, vitamin A-enriched vegetable oil, peas, and rice







#### over 1900 metric tons

of food provided to 635 primary schools and kindergartens

over 54 million

hot meals served

over 82 000 children fed



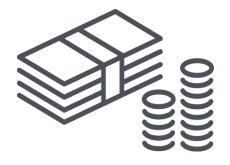


### During 2012-2017, we achieved the following results









154 kitchens repaired and equipped

over 350 projects completed for infrastructure repair

over 550 projects completed for furniture supply

over \$2.30 million in grants for repair and furniture





### During 2012-2017, we achieved the following results





137 communities trained on sanitation, hygiene and nutrition



over 30 000 books distributed to primary school children

1,000 + children participated in summer reading camps





#### **School Orchards**

- Project Duration: 2016 2018
- ) Project Goal: to improve food security, nutrition and well-being of primary school children
  - Reach over 19,000 children by establishing or improving school orchards in 75 schools
  - Improve business and marketing skills by building capacity of 75 school orchard management teams





### Handwashing in Schools

- ) Project Duration: 2017-2018
- Coverage: 40 FFE schools with 7,559 primary school students

#### **Project Results:**

Students in all 40 schools have an access to handwashing facilities to wash their hands before meal

) Observation: only 2% of kids didn't wash hands before entering the dining-room





# Potable Water Innovation

- Project Duration: 2018 2019
- Coverage: 130 schools under FFE 2017 with 26,000 primary grade students
- 70% of FFE schools have water reservoirs for daily use (even with plumbing)
- ) MC will provide a ready-to-use, innovative and sustainable water treatment







#### **Lessons Learned**

Only collaborative approach can work. Our partners: Ministry of Education & Science, Ministry of Health, WFP.

Community buy-in and support from everyone

Leadership on the spot



# 2016 Original Research: Vulnerable to Manipulation



Fault lines along religious expression create space for manipulation by violent extremist or other groups



Youth are frustrated by unmet economic expectations and the pressure to migrate



Counter-narratives on the risks of going to Syria are heard but not fully understood



#### **Current Research Priorities**



Nutritional status and anemia in adolescent girls

Feminization of out-migration





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